

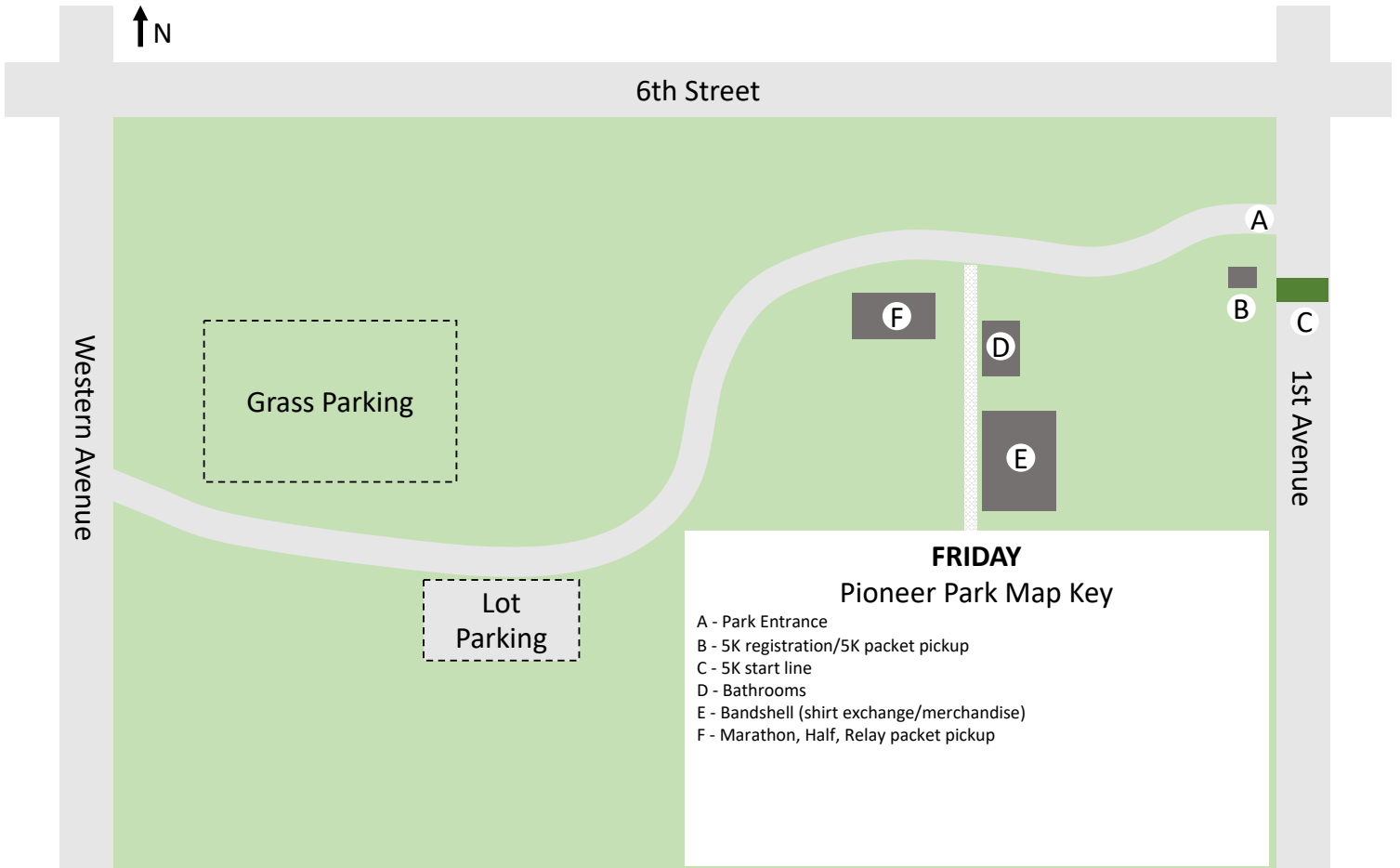
# RUNNER & SPECTATOR GUIDE



May 13, 2023  
BROOKINGSMARATHON.COM



# FRIDAY PIONEER PARK MAP



**FRIDAY**  
Pioneer Park Map Key

- A - Park Entrance
- B - 5K registration/5K packet pickup
- C - 5K start line
- D - Bathrooms
- E - Bandshell (shirt exchange/merchandise)
- F - Marathon, Half, Relay packet pickup

**Friday, May 12, 2023**

**Pioneer Park**

- 4:00 - 7:00 PM Packet Pickup Only - Marathon, Half Marathon, and Relay (tent near bandshell Pioneer Park - F)
- 5:00 - 5:30 PM Registration and Packet Pickup for Scotty Roberts 5K (tent northeast corner Pioneer Park - B)
- 6:00 PM Race start for the Scotty Roberts 5K (northeast corner Pioneer Park - C)
- 6:30 PM Refreshments and awards for Scotty Roberts 5K (northeast corner Pioneer Park - B)



## Friday Information

### Restaurants

Two local restaurants will offer specials for your pre-race meal: The Pheasant (726 Main Ave) and Craft (610 Medary Ave). Runners receive a \$3 discount off their entrée at these locations.

### Parking

For Friday packet pickup, the road through Pioneer Park will be open. Runners are asked drive slowly and park in the west end of the park. Both the road through the park and 1<sup>st</sup> Avenue will be closed on race morning.

### Scotty Roberts 5K

Friday night Scotty Roberts 5K runners and spectators are asked to follow the same road and park in the west end of Pioneer Park. 5K packet pickup and check in will take place in a small tent near the northeast entrance to Pioneer Park.

## Saturday Information

### Parking

For Saturday, ample parking is available in two locations within three blocks of the race start. The parking lot at 6<sup>th</sup> Street and 3<sup>rd</sup> Avenue by Cinema 8 offers a paved option. Take care when crossing 6<sup>th</sup> Street. Pioneer Park also has parking. While the main entrance to the park will be closed, cars can access parking via the park “exit” on Western Avenue. Most of this parking is on grass. Tread carefully if there is a heavy dew to avoid getting your racing shoes wet. Do not park along 6<sup>th</sup> Street or 1<sup>st</sup> Avenue.

### Gear Check/Clothing Drop

Personal items and clothing may be left in your numbered packet pickup bag for retrieval after you finish. Marathon volunteers are not responsible for valuables. You can drop off and retrieve bags at the bandshell (see map).

### Bibs and Timing

Your bib includes a timing tag. A runner without a bib is a runner without a time! **All runners must wear a bib on the front.** Runners who are both part of a relay and open event must wear two bibs on the front (different number for each race). All members of a relay team have the same number; however, only one relay bib has the timing tag. **The final relay runner must wear the bib with a timing tag.**

### Bathrooms

Pioneer Park is equipped with bathrooms. Additional portable toilets are also available to accommodate the rush just before race time.

## Pace Team

The experienced team from Lost Dog Pacers <https://www.facebook.com/lostdogpacers> will join us this year. We anticipate pacers for the following marathon finish times: 3:30, 3:40, 3:50, 4:00, 4:05, 4:20, 4:35, 4:50, 5:00, and 5:30. **If you are a half marathoner following a marathon pacer, you will need to break from your pace group at the race split shortly after mile 10.**

## Course

Marathon and half marathon courses split between miles 10 and 11. Marathoners (and relay runners) go left. Half marathoners go right. The split is well marked, but you must pay attention or you may end up on the wrong course! Pacers will continue along the marathon course. If you are a half marathoner, you must break from your pacer at the course split.

In 2020 the course was re-certified with a new section through Dakota Nature Park at miles 15 to 16. We have a few requests for runners and spectators to ensure that our event continues to have access to the park for years to come. To limit noise and congestion, spectators are asked to choose areas outside the park to cheer. Please avoid use of bells or noise makers in the park. Be courteous and maintain safe distancing from other park patrons. This beautiful section of the course should provide you with a mental boost and motivation to push on to the finish!

## Course Markings

Bicycles will lead front runners throughout the race. The course is marked with white arrows and orange cones. **Runners should go around cones when they are present at corners.** Do not run on grass if it will shorten your path, as the course was measured on pavement. Volunteers will provide directions with flags and control traffic with hand-held stop signs. **Note that the course is open to traffic.** Runners are ultimately responsible for their own safety while participating in this event. Please pay attention when crossing intersections and interacting with moving vehicles. For your safety, headphones are discouraged.

## Volunteers

Hundreds of volunteers line the course at intersections and turns. They are ready and willing to assist. Most are only associated with the event for one weekend each year, so understand that they may not have answers to every question.

## Aid Stations

Water and Powerade will be available at all aid stations. Water will be on the first table and Powerade the next. GU is available near the 17.5 mile point.

## Relay Team Info

The relay follows the marathon route. There are six legs to the marathon relay: 4 miles, 5 miles, 3 miles, 5 miles, 3.2 miles, and 6 miles. A relay team consists of 2-6 runners who run legs in order. Exchange with a hand slap. To be eligible for the course record (2:19:01), a team must be comprised of six runners. All runners on a team must wear the same bib number. **The final runner wears the bib with a timing tag.**



As much as possible, limit your team's time at exchange points. Please do not park on the marathon course when awaiting an exchange. Teams are not permitted to follow their team member for any length of time with a vehicle. Recommended parking areas are outlined below. For those teams who have competed in past years, note that the new course change has slightly shifted the locations of some of the exchange points.

**Exchange Point #1 – Mile 4**

11<sup>th</sup> St near the SDSU Oscar Larson Performing Arts Center: Park in Performing Arts Center parking lot. This is likely to be the most congested exchange. Plan accordingly and drive safely.

**Exchange Point #2 – Mile 9**

Larson Park: Park in Larson Park parking lot. Enter lot from Eastbrook Drive off 22<sup>nd</sup> Avenue.

**Exchange Point #3 – Mile 12**

5<sup>th</sup> Street South and Heritage: Park in GracePoint Wesleyan Church parking lot, 1420 Orchard Drive. Enter parking lot from Orchard Drive.

**Exchange Point #4 – Mile 17**

Medary Avenue South near Fishback Soccer Complex: Park in lot accessed via north entrance on 20<sup>th</sup> Street South. Note that this exchange has shifted from 20<sup>th</sup> Street to Medary Avenue.

**Exchange Point #5 – Mile 20.2**

Located 0.2 miles past mile 20, NOT at the mile 20 mark: Park along 7<sup>th</sup> Avenue, north of 12<sup>th</sup> Street, or in the Wildfire Cheer parking lot. The final runner will cover 6 miles to the finish.

New for 2023...custom finisher medals for all relay teams! The final runner on the team will receive all six medals to distribute to team members after the race.

## **Post-Race Information**

### **Recovery Food and Drink**

Recovery food such as bagels, fruit, cookies, chocolate milk, water, and Powerade will be available for runners at the finish.

### **Results**

Check monitors behind the bandshell in Pioneer Park for updated results. In addition, live results will be available at this link:

<https://www.athlinks.com/event/5001/results/Event/1041652/Results>



## Prize Money and Awards

Prize money will be awarded as per our website. **Prize money awards are based on gun times.** These monetary awards will be presented at The Victory Lap post-race celebration at The 9 Bar/Cubby's (downtown Brookings, 305 Main Ave) at 11 AM on race day.

Age group awards will be presented to the first, second, and third place finisher in every five-year age group as per our website. **Age group awards are based on chip times.** Your time will not start until you cross the start mat. We are a smaller event, so be sure to check your age group place, listed online with your individual results. **You must pick up your award on race day. Awards will not be mailed.** Age group awards can be claimed behind the bandshell in Pioneer Park.

## Showers

Anytime Fitness at 720 22<sup>nd</sup> Ave S (until 2 PM) and the Sexauer Park bath house at Western Ave and 10<sup>th</sup> Street offer post-race shower facilities. Bring your own towel.

## Nick's Burgers

After finishing, runners can head to Nick's iconic downtown location (427 Main Ave) opening at 10 AM. Just show your race bib for two free burgers. So good!

## Take a Victory Lap!

The Victory Lap post-race celebration kicks off at 10 AM at Cubby's (307 Main Ave). We will gather in the South Room. Present your race bib to get a beer or soda (in a cool, custom, commemorative glass for the first 200 runners!). Recharge and recount the day's adventures with friends and family and grab a bite to eat. Door prizes drawn every half hour.



## Other Important Information

### Registration Confirmation

To catch any registration errors (age, sex, spelling), be sure to review your entry at this link **before** race day:

<https://raceroster.com/events/2023/66355/brookings-marathon/confirm>

Email [run@brookingsmarathon.com](mailto:run@brookingsmarathon.com) as soon as possible with any changes.

### Communication

Please check your race email frequently in the days leading up to the race. We will communicate updates via the race website, email, Facebook, and Twitter.

### Severe Weather Plan

In the event of adverse weather, our race protocol can be found here:

<https://www.brookingsmarathon.com/weather.html>

Tune in to AM 910 or FM 93.7 for the latest updates. In addition, information will be posted on social media and the Brookings Marathon website, [www.brookingsmarathon.com](http://www.brookingsmarathon.com). If possible, announcements regarding cancelation or postponement will be made by 5 AM on race day.

### Lost and Found

Lost and Found items will be returned to the Pioneer Park bandshell.

### Spectator Rules of the Road

- **Avoid interference at the Relay Exchange Points, especially the Mile 4 exchange.**
- Vehicles and spectators should stay off the race course when possible. Cross the course only when runners are not present.
- The official lead bikes are the only bicycles allowed on the course.
- Keep the course and our community beautiful by not littering. Respect the property of others along the race course.
- Hold animals on a short leash. Keep them away from runners and be considerate of other spectators.
- Watch your children at all times. The course is open to traffic with hundreds of runners and spectators at the event.



## Popular Viewing Locations

Mile	Location	Parking Address	Faster Pace	Slower Pace
3	SDSU Campanile	940 Medary Ave	7:20	8:00
9	LARSON Park	2333 Eastbrook Dr	7:45	9:00
Half Finish	Pioneer Park	Western Ave	8:00	10:00
12 (Marathon)	Wesleyan Church	1420 Orchard Dr	8:00	9:30
14	Softball Complex	22 <sup>nd</sup> Ave S	8:15	10:45
19	St. Thomas More	1700 8 <sup>th</sup> St S	8:45	11:15
21	The Depot	921 20 <sup>th</sup> St S	8:15	12:00
24	The Pheasant	720 Main Ave S	9:00	12:30
Marathon Finish	Pioneer Park	Western Ave	9:15	1:00

The pace columns show what **time of day** your runner should cross various points along the course. Use these times plan viewing locations. The race bibs are color-coded for easy identification.

<b>Marathon</b>	<b>Half Marathon</b>	<b>Marathon Relay</b>
<b>Bib Numbers 001-300</b>	<b>Bib Numbers 301-725</b>	<b>Bib Numbers 901-950</b>

### Remember to Cheer!

Clap, shout, and show your support for participants – it’s always welcome. Save the “You’re almost there!” cheer until the very end – a few miles is still a long way for someone who has been running for hours. Here are some favorites:

**Keep smiling!**  
**Looking awesome!**  
**Running smooth!**  
**You can do it!**

**Way to run!**  
**One stride at a time!**  
**Way to focus!**  
**Keep it up!**

**Way to go!**  
**You rock!**  
**Call out something unique**  
**(bib #, shirt color, etc)**



## Brookings Marathon Fun Facts

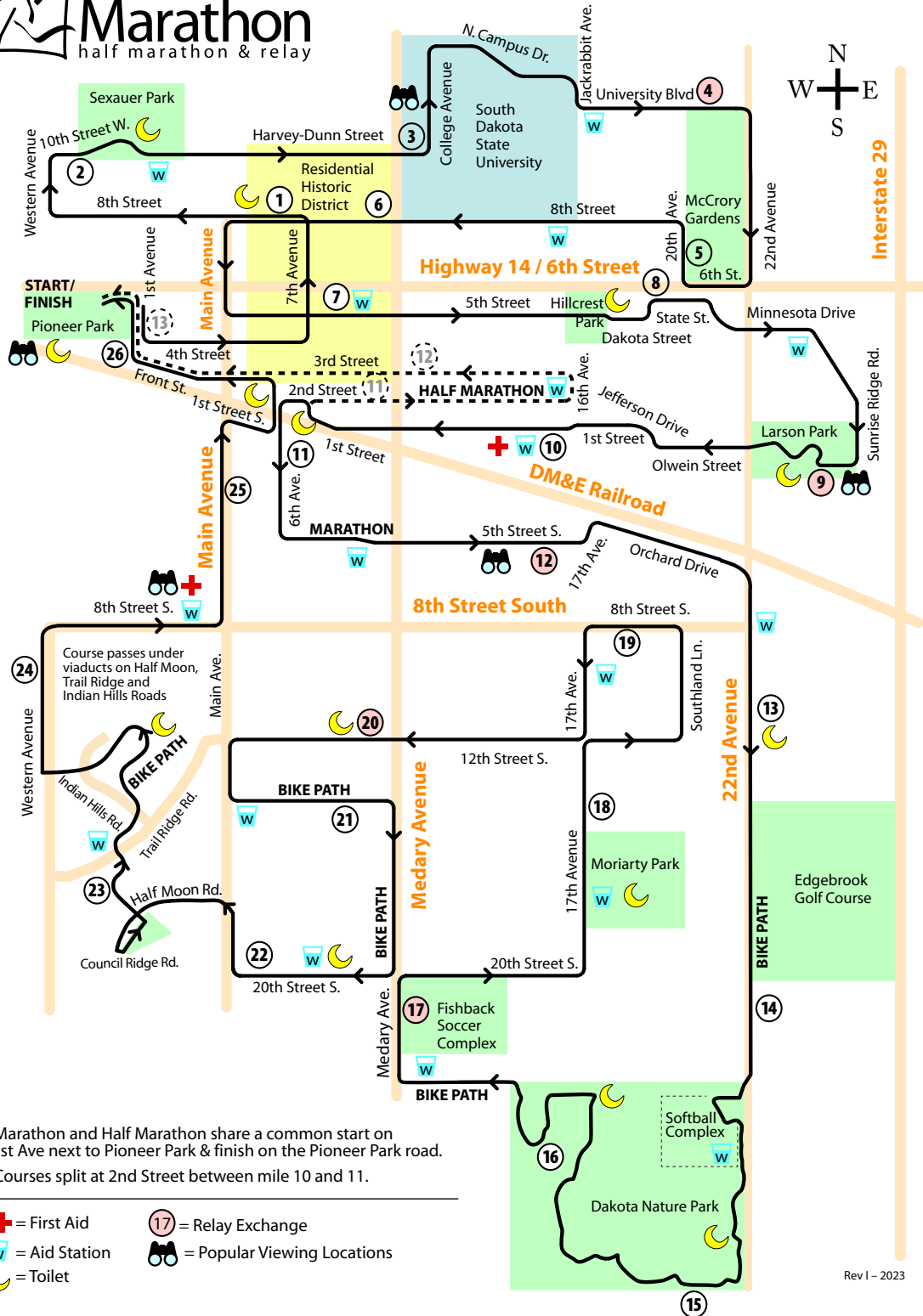
- The Brookings Marathon started in 1970, making it the 25<sup>th</sup> oldest marathon in the United States – older than New York City, Chicago, and Grandma's.
- For marathons run every year since inception, the Brookings Marathon ranks third behind Pike's Peak (1956) and Heart of America (1960).
- Hal Higdon, now known for his training guides, won the Brookings event in 1972.
- In 1975 Kathy Magnuson became the first female marathon champion in race history.
- The men's marathon record was set in 1979 by Randy Fischer at 2:22:29.
- Jane Wipf set the women's record at 2:48:26 in 1980.
- In 2000 an ice storm forced the marathon indoors, with all 26.2 miles run on the SDSU indoor track.
- The first international champion was crowned in 2007 – Bert Moniot from Winnipeg, Canada.
- Almost 400 volunteers bring their enthusiasm every year to make the Brookings Marathon happen.





# Brookings Marathon

half marathon & relay



- Marathon and Half Marathon share a common start on 1st Ave next to Pioneer Park & finish on the Pioneer Park road.
- Courses split at 2nd Street between mile 10 and 11.

- + = First Aid
- W = Aid Station
- M = Toilet
- 17 = Relay Exchange
- Goggles = Popular Viewing Locations

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 **Brookings**  
**Marathon**  
half marathon & relay

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HEALTH SYSTEM

**Avera**   
Medical Group  
Brookings

 **First**  
Bank &  
Trust

**CUBBY'S**  
SPORTS  
BAR & GRILL  
Downtown Brookings

**HyVee**  
EMPLOYEE OWNED

  
SOUTH DAKOTA  
STATE UNIVERSITY

**NICK'S**  
HAMBURGER SHOP  
Since 1929

**LARSON**

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**Supporting our local Boys and Girls Club**